**Documentation of FYD Work for Facilitators**

**Name:**

**Guiding:**

**Date:**

**Demon #:**

**Type of demon:**

Please fill out this form directly after guiding a partner through the Feeding Your Demons® process.

***Observations:***

***1. Which steps were easy for you in the guidance of your “client”?***

***2. Where did you have trouble or problems?***

***3. What is your view of the whole process? Was it a successful session? Do you see the need for further demon work on this topic?***

***4. Critical remarks on this FYD process:***

***5. Questions that arose:***

*Feeding Your Demon ® is a process created and developed by Lama Tsultrim Allione. © Tara Mandala*

*Please do not teach this method to others without express written permission from Lama Tsultrim Allione and Tara Mandala.*



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(edited by B. Staemmler, 7/20 and P. Oosthuizen 12/20)