## JACK KORNFIELD PhD SPIRIT ROCK CENTER

October 2024

This is a formal letter of support for Tara Mandala and it's founder Tsultrim Alione. I have known Tsultrim Alione for fifty years, as a colleague, teacher and a co leader in the American Buddhist community. She is one of the most dedicated, honest, ethical and sincere teachers I have ever known.

I have a PhD in clinical psychology, am a bestselling author of 16 books, a founder of

two of the largest Buddhist centers in the West and have taught in universities from Harvard and Johns Hopkins to Stanford and Oxford. I have trained thousands of mindfulness teachers,

collaborated with the Dalai Lama and Thich Nhat Hanh, served on 10 non profit boards, created ethics standards that spread widely across the western Buddhism world, organized worldwide Buddhist teachers and leaders conferences, and been a mentor and counsel to the CEOs of many top companies in the US.

From the start of her teaching career in the 1970s, Tsultrim has been a powerful voice standing up for the respect, protection, and honoring of women across the Buddhist and spiritual landscape. Her book Women of Wisdom is a celebrated classic, and been followed by subsequent important books. Her lifelong dedication to uplifting the lineages of women's teachings that have been neglected in the Buddhist world has been an important contribution and major benefit to the entire tradition. She is a teacher who unfailingly values and and protects women, I've been present at some of the largest and most important gatherings of Buddhist teachers over the past decades, where Tsultrim has courageously stood up, chastised, and called out situations of the misuse and abuse of women. She has become a beacon for many, year after year helping to resolve the sufferings of the misuse of power and mistreatment of women. This is one of her great contributions to the Buddhist world.

As a well trained Lama or recognized teacher in the Vajrayana tradition, she established her

center Tara Mandala. Tara Mandala has been supported by a long line of highly respected and great Tibetan teachers over the years, who came there to teach because they have recognized it as a genuine and important center of practice and training for their lineages. Vajrayana Tibetan Buddhist teachings emphasize devotion to the tradition, the lineage and the lama teachers, and Tsultrim has held that role is a wise and beneficial way for her students. Tara Mandala offers a wide range of teachings and trainings which follow the full Vajarayana Buddhist curriculum to beneficial transform the heart and mind.

I have also known Tsultrim and her husband David personally and seen their powerful loving and committed partnership up close. David was a profound practitioner and a central support for Tara Mandala and the community. Tsultrim was devastated by David's heart attack and death, and his shocking loss saddened all those of us close to them.

Taultrim has trained many fine teachers and skillfully empowered them, turning Tara Mandala over to a next generation of dedicated leaders.

I hope this letter is of value in any review of Tsultrim's work. And would be happy to talk further or answer questions in support of her.

Blessings to all, Jack Kornfield