Prayer for Post-Meditation

Nang drag rig sum lha ngag chöku’i ngang:
In the state where the three: visions, sounds and awareness are deities, mantra, and Dharmakaya,

Ku dang yeshe rölpar jam ley pey:
This is the encompassing display of kayas and primordial wisdom,

Zab sang neljyor chenpo’i nyam len la:
In the practice of the profound secret great yoga,

Yermë tug kyi tigle rochig shog:
May the one taste of the inseparable heart tigle manifest.

These were the final words of the great terton of Mindroling, Terdag Lingpa, before he passed away.