

## Ösel Nyingtig Cycle Recommended Reading List

### Ngöndro Recommended Reading List

[\*Hidden Teachings of Tibet: An Explanation of the Terma Tradition of Tibetan Buddhism\*](#) by Tulku Thondup Rinpoche

[\*The Crystal and the Way of Light: Sutra, Tantra, and Dzogchen\*](#) by Chögyal Namkhai Norbu Rinpoche

[\*Women of Wisdom\*](#) by Lama Tsultrim Allione

[\*Entrance to the Great Perfection: A Guide to the Dzogchen Preliminary Practices\*](#) compiled and translated by Cortland Dahl

[\*Lady of the Lotus-Born: The Life and Enlightenment of Yeshe Tsogyal\*](#) by Gyalwa Changchub, Namkhai Nyingpo, Padmakara Translation Group

[\*The Life and Visions of Yeshe Tsogyal: The Autobiography of the Great Wisdom Queen\*](#) by Tertön Drime Kunga and translated by Chonyi Drolma

[\*Turning Confusion into Clarity: A Guide to the Foundation Practices of Tibetan Buddhism\*](#) by Yongey Mingyur Rinpoche

[\*Words of My Perfect Teacher\*](#) by Patrul Rinpoche

[\*A Guide to the Words of My Perfect Teacher\*](#) by Khenpo Ngawang Pelzang

[\*A Cascading Waterfall of Nectar\*](#) by Thinley Norbu and Jamgon Mipham

### Additional Supplementary Readings

[\*Treasury of Precious Qualities Vol 1 & Treasury of Precious Qualities Vol 2\*](#) by Jigme Lingpa

[\*Torch of Certainty\*](#) by Jamgon Kongtrul

[\*The Excellent Path to Enlightenment\*](#) by Dilgo Khyentse Rinpoche

[\*Guru Yoga: according to the preliminary practice of Longchen Nyingtik\*](#) by Dilgo Khyentse Rinpoche

[\*Jewel Ornament of Liberation: The Wish-Fulfilling Gem of the Noble Teachings\*](#) by Gampopa